

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Pulaski County**

	County Prevalence (%)*	Central Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	25.7 H	18.6	16.9
No Health Coverage	19.9 H	13.0	12.3
B ehavioral Risk Factors			
Physical Inactivity	31.3	23.7	24.0
Current Smoker	30.9	27.9	26.5
Overweight (BMI 25-29.9)	38.1	36.6	35.3
Obese (BMI ≥ 30)	21.4	23.6	23.4
D isease and Conditions			
High Blood Pressure	28.7	27.7	28.5
High Cholesterol (35 years or older)	44.5 H	35.8	37.3
Asthma	7.4	10.9	10.7
Diabetes	8.1	7.4	7.2
Activity Limitation	23.4	19.4	17.8
C ancer Screening			
Women			
Never had a Mammogram	11.1	12.9	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	40.8	46.3	49.4
50-64 years of age	45.9	31.2	35.9
65 and older	59.4	54.3	47.4
Never had a Pap Test:			
18-69 years of age	3.5	3.0	5.1
70 and older	17.9	8.8	6.4
No Pap Test in Last Year (18-29)	15.0	20.2	25.8
No Pap Test in Last 3 Years (30-69)	17.3	12.5	13.8
Men and Women 50 Years or Older			
Blood Stool Test:			
Never had a Blood Stool Test	58.4	59.9	57.0
No Blood Stool Test in Last Year	81.7	82.4	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	54.3	50.3	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	58.2	60.4	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Pulaski county were obtained by combining data from Pulaski and LaClede counties.